



山川會訊

CMCNY Newsletter

Volume 52

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Outing Schedule

04/01/2002-06/30/2002

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Adirondack Trip by Hsu-Ping Lou

My name is Hsu-Ping Lou. I learned about the Adirondack 46er Peaks from my friend, Ray Lin, whom I met at one of the Chinese Mountain Club's activities. He invited me to go on a five-day trip to the Adirondacks, which he and Sarah Ip had been planning for a while. On September 20, 2001, four of us—Ray Lin, Sarah Ip, Roland Au Yang, and myself—started our trip. We stayed at the ADK Loj campsite for four days from September 20 to September 23. Before this trip, I knew nothing about the Adirondacks, so I asked a lot of questions about this area during the trip. Ray obviously did his homework and an excellent job leading us and recording details of the trails. Although we didn't follow the whole plan on the third and fourth day due to our exhaustion, we still hiked six of the 46 Peaks in three days. These six were Street and Nye on the first day, Algonquin, Iroquois, and Wright on the second day and Big Slide on the third day. The following is my log.

On Thursday morning

9/20/2001, Roland and I took Amtrak from New York City to Albany to meet Ray and Sarah, who went to a meeting two days before. We went to a supermarket to buy all the groceries and then drove north. Around 8 p.m. we arrived at ADK Loj campsite. It was dark and pouring rain when we set our tents and canopy. We got very wet. The picnic table was wet too, so we had to stand to have our supper. We went to bed right after dinner.

On Friday 9/21/2001, we hiked Street and Nye Mountains. Originally, we planned to start hiking at 7:00 am, but we didn't wake up until 8:00 am because we were woken up around 4:00 am by the vehicle's alarm and the noises from the packing and loading from the campsite beside us. We left ADK Loj at 9:55 am and at 10:08 we reached the Indian Pass registration post. We were the first group for that day. It was Friday, so not many people came in. The trail we followed went to Mt. Jo, but instead of the main trail, we passed the sign

Important Message: A Letter From The Board

(Please see page 10)

to Mt. Jo, and left the main trail entering the woods. Walking in the denser forest for a while, we heard water. The Indian Pass Brook was on our left side. The path went along the river, and then we approached the point where the path headed to the other side of the river. We passed the place where former hikers piled rocks along the bank and in the river as marks the first time. Reading a guide, we learned we needed to cross the river. We depended on the guide to help us find our way when we were confused. Most

(Continued on page 8)

CMCNY 2001 Activity at a Glance

Active Members 163

Trip Leaders 36

Number of Activities

Hiking Trips 49

Biking Trips 8

Camping Trips 5

Biking/
Camping Trips 2

Hiking/
Camping Trips 3



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If you are an active CMCNY member and are not receiving this newsletter please send e-mail to newsletter@cmcnny.org. Please provide your full name, member information, phone number and mailing address.

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CMCNY 2002 SPRING/SUMMER OUTING SCHEDULE

April 2002

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				



Saturday, 4/6/2002 / 4 to 5 Miles Day Hike / Level A Turkey Mountain, NJ

Start from Pyramid Mountain Visitor Center, follow blue trail through '100 steps', then green trail to stone ruin and the water falls.

Meeting Time/Place : 8:30 A.M at 39th Street & Broadway, Manhattan

Leaders : Sarah Ip / Kelly Kwan



Saturday, 4/6/2002 / 10 Miles Day Hike / Level D

Harriman State Park, NY

Start from 7 Lakes Drive Visitor Center. Hike along 7 Hills Trail to Lake Sebago. Take the woods road alongside Lake Sebago and Stony Brook Trail back to visitor center.

Meeting Time / Place : 8:30 A.M. at 39th Street & Broadway, Manhattan

Leaders : John Jeng / Chi Chan



Sunday, 4/7/2002 / 18 Miles Day Hike / Level F

Harriman State Park, NY

Warm-up hike # 3 for the 26 miles day hike on May 12th. Start from Lake Askoti parking area going north. The trail transverse large area in Harriman State Park. Expect hilly terrain in the second half of the trip.

Experienced hikers only. Contact leader for detail.

Meeting Time / Place : 7:30 A.M. at Trail Head near Lake Askoti

Leaders : Joseph Luk / Marjorie Leung



Saturday, 4/13/2002 / 5 Miles Day Hike / Level B

Mount Taurus at Hudson Highland State Park, NY

Start from the parking lot on NY-9D, pass by a 1956 mansion's ruins and also remaining of a greenhouse, traverse to the Breakneck Brook then to Bull Hills (Mt. Taurus) and finally finishing to the parking lot.

Meeting Time / Place : 8:30 A.M. at 39th Street & Broadway, Manhattan

Leaders : Yet Chang / Elisa Yan



Saturday, 4/20/2002 / 5 Miles Day Hike / Level A

Fire Tower at Sterling Forest, NY

Start from Lake to Lake Trail, turn right (north) onto Sterling Ridge Trail to reach the fire tower. Have lunch and enjoy the 360-degree views of Sterling Lake. Take Fire tower trail and Cedar Pond trail back to the parking.

Meeting Time / Place : 8:30 A.M. at 39th Street & Broadway, Manhattan

Leaders : Maria Jen / Ben Li



Sat., Sun., 4/20/2002—4/21/2002 / 2-day Biking Trip - 60 miles / Level B

Lebanon Forest, NJ

Limit: 20 people. Visit the historic town of Mount Holly Smithville and the Lebanon State Forest. Please register before 4/10/2002. Fee: \$35 (Member), \$40 (Non-Member). Please make check payable to Shu-Chuan Liang, 4 Birchwood court apt 4c, Mineola, NY 11501, please contact leader for the details.

Meeting Time / Place: To be announce

Leaders : Nancy Liang / Charlie Ong

CMCNY 2002 SPRING/SUMMER OUTING SCHEDULE



Sunday, 4/21/2002 / 16 Miles Day Hike / Level F

Harriman State Park, NY

Warm-up hike # 4 for the 26 miles day hike on May 12th, Start from Johnson town Circle Parking area.

Pass through Parker Cabin Mt. and Tom Jones Mt. to reach Time Square. Follow white bar to the parking lot. Experienced hikers only. Contact leader for detail.

Meeting Time / Place : 7:30 A.M. At Johnson town Circle Parking lot

Leaders : Wade Zhang / Marjorie Leung



Saturday, 4/27/2002 / 6 Miles Day Hike / Level B

Harriman State Park, NY

Starting from Route 106 Parking lot then walking and passing along the Tom Jones Mountain, Parker Cabin Mountain and Lake Skenonto.

Meeting Time / Place : 8:30 A.M. at 39th Street & Broadway, Manhattan

Leaders : Joe Jwo / Kady Harn



Saturday, 4/27/2002 / 33 Miles Biking Trip / Level B

Long Island, NY

Visit the scenic North Fork, East Long Island through Shelter Island, Green Port, Ben's Point and return.

Contact trip leader about bike rental and doing shorter distance.

Meeting Time / Place : 8:30 A.M. at Cunningham Park, Queens

Leaders : Ben Li / John Jeng



Sunday, 4/28/2002 / 8 Miles Day Hike / Level C

Lake Sebago, Harriman State Park

Start from Tuxedo Park Parking lot walking along Kakiat Trail. Mostly gentle until reaching Lake Sebago.

Enjoy pretty lake view and vegetations. Take lunch near the quiet Lake Skenonto. More slopes on the way back.

Meeting Time / Place : 8:30 A.M. at 39th Street & Broadway, Manhattan

Leaders : Michael Tam / Bounla Sayarath



Sunday, 4/28/2002 / 16 Miles Day Hike / Level F

Harriman State Park, NY

Hike from Johnson Town Circle to Time Square.

Meeting Time / Place : 7:00 A.M. at Johnson Town Circle

Leaders : Chi Chan / Ta-Hoa Chen



CMCNY
HIKING
RATING
SYSTEM

"A" very easy, flat, 3-5 miles	"B" easy, some hills, 4-7 miles
"C" moderate, some steep hills, 5-8 miles	"D" challenging, steeper hills, 8-10 miles
"E" tough, strenuous hills, 9-15 miles	"F" very tough, 15 miles plus

CMCNY Financial Report

(Jan 1, 2001 to Dec 31, 2001)

CHECKING ACCOUNT Balance	\$ 1,565.60
SAVING ACCOUNT Balance	\$ 2,796.50
CD ACCOUNT Balance	\$ 8,227.40
TOTAL (as of 12/31/01)	\$12,589.50

INCOME

Saving Interest	\$ 13.96
CD Interest	\$ 227.40
Membership fee	\$ 1,575.60
Activities fee	\$ 2,341.45

Total **\$4,158.41**

EXPENSES

Trail Maintenance	\$102.87
Postage	\$275.40
Bulletin & Printing	\$185.80
PO Box Rental	\$ 62.00
Software & Web Hosting	\$458.99
Meetings	\$421.24
Other Misc Expenses	\$948.22
TOTAL	\$1,459.56

May 2002

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	



Saturday, 5/4/2002 / 4 Miles Trail Maintenance / Level B

Shore Path, New Jersey

Semi-annual CMCNY trail maintenance on the Shore Path trail along the Hudson river in New Jersey. Pick up trash on the trail, cut and trim protruded branches, and re-paint trail's blazing (if necessary). BBQ afterwards, bring light lunch and enough water.

Meeting Time / Place : 8:30 A.M. at 39th Street & Broadway, Manhattan

Leaders : Charlie Ong / John Jeng



Sunday, 5/5/2002 / 7 Mile Trail Maintenance / Level C

Appalachian Trail, NY

Semi-annual CMCNY trail maintenance in a section of the Appalachian Trail in New York. Pick up trash on the trail, cut and trim protruded branches, spray poison ivy, and re-paint trail's blazing (if necessary).

Group will do 4 mile hiking on the Allies trail in the Sterling Forest State Park that connects with the AT corridor. Since the hike on the At is about 3 miles, the Allis trail will bring the total distance to 7 miles for the day's event.

Meeting Time / Place : 8:30 A.M. at 39th Street & Broadway, Manhattan

Leaders : George Li / John Jeng



Saturday, 5/11/2002 / 20 Miles Biking Trip / Level B

Shore Parkway, Brooklyn

Start in Manhattan, cross the Brooklyn Bridge through Prospect Park to Shore Parkway Off-street bike path, ending Coney Island. Most paths are greenway (recommended for biking).

Meeting Time / Place : 9:00 A.M. at foot of Brooklyn Bridge on Manhattan side

Leaders : Yao Rong / Maria Jen



Saturday, 5/11/2002 / 2 Days Backpacking

Leaders' Choice

Please call leaders for detail information

Meeting Time / Place : 8:30 A.M. at 39th Street & Broadway, Manhattan

Leaders : Yet Chang / Roland Au-Yeung



Sunday, 5/12/2002 / 26 Miles Day Hike / Level F

Harriman State Park, NY

The most Challenging Hike of the year! You must hike 26 miles in one day. Participants must know how to navigate using topographic maps and compass. Experienced hikers only!

Meeting Time / Place : 7:00 A.M. at Tuxedo Park Police Station on Rt. 17

Leaders : Gin/Wade Zhang / Marjorie Leung



Saturday, 5/18/2002 / 5 Miles Day Hike / Level A

George Washington Bridge / Hudson Palisade, NJ

From A-train @175th St. station walk across Hudson River on GWB and enjoy the wonder of Manhattan west side. Take a short break at Fort Lee Historic center to see the spectacular view of GWB. Enjoy the scenic view of Hudson River on Shore trail. Take Long Path trail back to GWB. (ask leader for meeting place)

Meeting Time / Place : 9:00 A.M. at Ticket Lobby of George Washington Bus Terminal

Leaders : Sarah Ip / Kelly Kwan



Saturday, 5/18/2002 / 10 Miles Day Hike / Level D

Bear Mountain, NY

Starting from the parking lot on Rt 9W, follow trail 1777 to 1777E. Come back on Cornell Mine trail to Bald Mountain. Then follow the Timp-Torne trail, Jones road back to 1777. Visiting Herbert Cemetery, Cornell Mine on the way.

Meeting Time / Place : 8:30 A.M. at 39th Street & Broadway, Manhattan

Leaders : John Jeng / Roland Au-Yeung



Sat., Sun., Mon., 5/25/2002—5/27/2002 / 3 Days Hiking / Camping Trip

Lebanon State Forest, NJ

This is a family camping trip. Bring your kids out and have fun. Hiking is our main activity. However there are opportunities to bike, bird watch, horseback ride, picnic and swim. Bring your own food and camping gear. Fire rings, picnic tables, water, shower and flush toilets are available on campsite. Fees: \$10 per person, FREE for Kid(s) **with parent(s)**, prepare \$18 for car pool. Non-member should pay \$2 for temporary membership. Send \$10/person to Ray Lin, 549 West 123rd Street, Apt.#13A, New York, NY 10027 to register

Meeting Time / Place : 8:30 A.M. at 39th Street & Broadway, Manhattan

Leaders : Ray Lin



Sat., Sun., Mon., 5/25/2002-5/27/2002 / 3-Day Biking/Camping Trip / Level C

Gettysburg, Pennsylvania

Please arrange your own transportation and camping equipment. Limit: 20 people. Send \$20.00 to Nancy Liang, 4 Birchwood Ct., Apt. 4C, Mineola, New York 11501. Register by May 5th. Details to follow.

Meeting Time / Place : 8:30 A.M. at 39th Street & Broadway, Manhattan

Leaders : Nancy Liang / Kenny Lip



Saturday, 5/25/2002 / 5 Miles Day Hike / Level A

Delaware Water Gap National Recreation Area, Dingman's Falls, PA

Limit: 25 people. Easy walk on the valley leading to the falls. Pass 6 cascading water falls in this lovely wooded valley. Bring camera and enjoy the view.

Meeting Time / Place : 8:30 A.M. at 39th Street & Broadway, Manhattan

Leaders : Henry Jiang / Bounla Sayarath

June 2002

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						



Saturday, 6/1/2002 / 5 Miles Day Hike / Level A The Timp, Bear Mountain, NY

This is a strenuous hike. The accumulated elevation gain is about 1500 feet. The trip starts from the Route 9W Parking area going south to the Tip. Enjoy five great view points along the trail. In a clear day, you may see NYC skyline from the Tip.

Meeting Time / Place : 8:30 A.M. at 39th Street & Broadway, Manhattan

Leaders : Joe Jwo / Maria Jen



Sunday, 6/2/2002 / 16 Miles Day Hike / Level F Harriman State Park, NY

Hike from Johnson Town Circle to Time Square.

Meeting Time / Place : 7:00 A.M. at Johnson Town Circle

Leaders : Chi Chan / Wade Zhang



Sunday, 6/2/2002 / 9 Miles Day Hike / Level C Bear Mountain, NY

Starts from Bear Mountain Inn, take Major Welch Trail to Perkin Tower, follow AT to West Mountain. Come back through Suffern-Bear Mountain Trail. Lots of great view points. Enjoy the trip.

Meeting Time / Place : 8:30 A.M. at 39th Street & Broadway, Manhattan

Leaders : Lawrence Kwan / Fai Cheng



Saturday, 6/8/2002 / 2 Days Leaders Workshop Delaware Water Gap, NJ/PA



This is a 2-day activity at the Delaware Water Gap. Each day, during and after the hiking, we will discuss leader functions such as trip planning and management, first aid, outdoor gears and outdoor temperature diseases & emergencies. Detail information will be posted on the CMCNY website in April. Leaders have

priority

Meeting Time / Place : 8:30 A.M. at 39th Street & Broadway, Manhattan

Leaders : Shui-Kei Ng



Saturday, 6/8/2002 / 8 Miles Day Hike / Level D East Hudson, NY

Following Camp Smith trail on the east side of Hudson, visiting Anthony's Nose and many view points.

Meeting Time / Place : 8:30 A.M. at 39th Street & Broadway, Manhattan

Leaders : John Jeng / Mei Mei Li

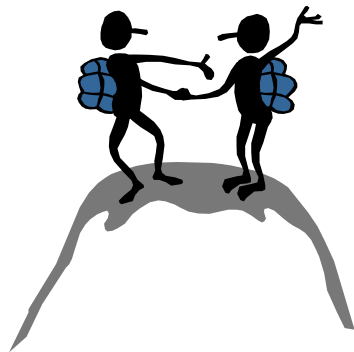


Saturday, 6/15/2002 / 5 Miles Day Hike / Level A West Mountain, Bear Mountain, NY

Take 1777W west, turn right onto AT, left turn onto T-T to West Mountain Shelter for lunch. Trace back on T-T, right turn onto S-BM, left turn onto 1777W back to the parking. Excellent Views on AT section of this trip. Enjoy your trip.

Meeting Time / Place : 8:30 A.M. at 39th Street & Broadway, Manhattan

Leaders : Josephine Lei / Wood Yan



CMCNY 2001 TOP HIKERS BY MILEAGES

Women's

Marjorie Leung (199)
Chi Chan (184.5)
Su Rwei Hwa (126.5)
Bonnice Sayarath (111)
Terry Lou (109)

Men's

Ray Lin (170)
Williams Chung (152)
Michael Tam (119)
Ben Lee (118.5)
George Li (106.5)



Saturday, 6/15/2002 / 35 Miles Day Bike / Level C

Bayville, Long Island Sound, NY

Bike on pretty, moderately hilly roads to Bayville, Long Island Sound. Visit Plant Fields Arboretum and stop on the beach for lunch. Please ask leader about our new meeting place.

Meeting Time / Place : 9:30 A.M. at Cunningham Park, Queens

Leaders : Francis Lo / Liz OuYang



Sunday, 6/16/2002 / 15 Miles Day Hike / Level E

Ramapo Mountains, Harriman State Park, NY

Start from Visitor Center at Seven Lake Drive and climb Ramapo Torne in first 2.5 miles. Enjoy the great view and visit Russian Bear, Grandma & Grandpa Rocks, Stone Memorial and reach Panther Mtn. at the midpoint. Going back along Tuxedo-Mt Ivy Trail, Seven Hills Trail and Pine Meadow Trail. Lots of hills in the morning with wonderful view points and kind of relaxing in the afternoon.

Meeting Time / Place : 7:45 A.M. at 39th Street & Broadway, Manhattan

Leaders : Michael Tam / Ben Li



Saturday, 6/22/2002 / 5 Miles Beach Walk / Level A

Beach Walk at Fire Island, NY

Beach walking in the late afternoon into sunset, have dinner in town, then do more walking in the moon light.

Meeting Time / Place : 2:00 P.M. at Flushing Municipal Parking @ 39th and Union Street

Leaders : Yolanda/Josephine Lei / Maria Jen



Sunday, 6/23/2002 / 8 Miles Day Hike / Level C

Schunemunk Mountain, NY

The trail over Schunemunk Mountain offers a series of fine lookout and a varied terrain, will reach the top 1664 ft.

Meeting Time / Place : 8:30 A.M. at 39th Street & Broadway, Manhattan

Leaders : Nancy Liang / Helen Huang



Saturday, 6/29/2002 / 20 Miles Biking Trip / Level A

Staten Island, NY

We will meet at South Ferry Pier and take the 8:30 a.m. ferry to the Island. From Staten Island Ferry first ride to Snug Harbor (visit a Chinese garden), then to Silver Lake Park, Clove Lake Park and Richmond town Historical Restoration Place. We will take the ferry back to New York City.

Meeting Time / Place : 8:15 A.M. at Manhattan side of the Staten Island Ferry

Leaders : Yao Rong / Wood Yan

(Continued from page 1)

of the path was clear, but obviously these two peaks were not as popular as other peaks we hiked the rest of the days. There were no signs and rare trail marks.

We found we could not cross the river without getting our boots wet, so we decided to cross with bare feet. We didn't want to walk in wet boots during the rest of the days. The water was freezing and running very fast. We held hands and finished the crossing screaming and shouting. There we met another group of three middle-aged guys. They chose to cross from upstream without giving up their boots and passed very fast. When we put on our boots, they passed us and went ahead. Then throughout the day we passed each other several times. One of them told us he came here to hike eight years ago, and there had been no path at all. He had to use a compass and maps to find the way.

After crossing the river, the path went almost all the way up. We could overlook many peaks from the openings. Then the path entered the woods again and crossed a small creek and followed a wash up for a distance. We passed the group of three men here. It didn't take very long until we arrived at the fork to Street and Nye Mountains. We chose to hike Street first. The path was very steep and in very dense woods. Sometimes it was not clear, and we had to look around to find the right way. We had our lunch on the way up. On the top, there was a wooden sign with the words Street Mountain attached to a tree. We took pictures with the sign and admired the view from the end of the

path. It was not very open, but the view was okay. Then we went to Nye. When we went back to the intersection, the group we met along the way just finished Nye and was going to Street. The path to Nye was shorter and easier than to Street. We arrived at the peak pretty fast. There were many dead trees on this way, which we wondered about. Again, we took pictures with the sign of Nye on a tree when we arrived at the peak. We were surrounded by trees and could not see any good views.

On the way back, Roland slipped



very badly. He even fell when crossing the river and got everything wet. We went back to the campsite at 6:15 p.m. That morning when we started, we worried we would have to return in the dark. It was earlier than we expected when we returned.

On Saturday 9/22/2001, we hiked Algonquin, Iroquois, and Wright. We started hiking at 9:00 am, later than we planned to. We expected today would be a long and tiring day. We were hiking three peaks, including Algonquin, and over 13 miles. Headlamps or flashlights were necessities. We arrived at the registration post at around 9:30 am. Over a page in the sign in book had been filled since that morning, and still a lot of groups

were coming. Algonquin is a famous mountain, and it was a weekend; the number of hikers seemed endless. We obviously hiked slower than other hikers, so we let people pass us. I comforted myself that we hiked two peaks the day before. The trail was not easy to hike; there were too many rocks. The beginning of it was flat but spread with small, rough rocks; it then became steeper and went through big rocks. We rock-climbed most of the time to the top. The weather was changeable, and we stopped to put on and take off our outfits so many times. The weather was extremely harsh near the top. It was very cold and terribly windy. The scene changed dramatically. There were no big trees but tundra. According to the sign on the trail, we had entered the "Arctic Alpine Zone". The top of Algonquin was wide open yet crowded. There was a line to take photos with the tiny round-shaped mark on the highest rock. We rushed to hide behind a big rock to avoid the wind, taking a rest, tying my boots and drinking some water, and then took photos when nobody did. People left the top immediately because of the terrible wind. We headed in the opposite direction from most people. Compared to the crowd hiking up and down Algonquin, the trail to Iroquois seemed quiet. We went down the steepest slope in this trip and entered the narrow path. The trail was full of mud.. I walked very cautiously and slowly to avoid stepping into puddles. I felt I wanted to give up. Ray told Roland and me that if we didn't want to reach the peak, we could stay behind. The problem was that there was no place to stop, so we had to move on. We kept

a good distance and arrived at the peak finally. The last of the rock climbing hurt my knees though.

On the way up to Iroquois, one funny thing happened. I had lent Roland a hiking pole. The last part of the hiking pole got lost. I saw Roland hold the broken one and asked him where the rest of it was. I was shocked at first because it was my sister's hiking pole. They comforted me that he would change or buy a new one for me. Later we found the lost part sticking in mud on the way back.

Roland decided to give up Wright when we turned back. He fell so many times, and he didn't want to hike in the dark. We walked together until the trailhead to Wright. Ray gave a walkie-talkie to Roland, and we continued our plan. There was a huge rock at the very beginning that we had to climb up. It really knocked us out, but we insisted on accomplishing our goal. We went down immediately since it was very late. It was gradually getting dark, and we used lights to finish the hike. It was 8:30 p.m. when we got back to our campsite.

On Sunday 9/23/2001, we hiked Big Slide Mountain. I originally wanted to stay at the campsite today, but I changed my mind when Ray said that we might hike an easier one instead of the original plan of hiking two peaks. We would hike Big Slide for today.

It was a long drive from AMC campsite to the trailhead of the Big Slide, the Garden. The parking lot was full when we got there at 9:45 am. The attendant told us that we could drive back downtown and take the shuttle. It would take more money and time. Fortunately, a group of

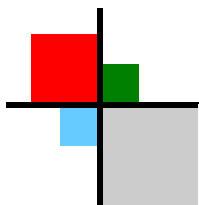


young backpackers were leaving. We parked, registered, and started our trip. The trail was up and down all the way, but much easier than yesterday. However, I as well as my pals were very tired from hiking the previous two days, so we hiked slowly. I always kept a distance from them that gave me the opportunity to reflect on the philosophy of hiking and our life: no peak will be easy. We need to challenge ourselves sometimes and insist on accomplishing our goals; however, we should pay more attention to the process rather than the result. The process is always full of fun and memories and offers good learning opportunities.

The view from this way was excellent. Many viewpoints attracted us to stop and take pictures. The valleys were turning red. It was dreamy. We were so happy that we caught the early signs of fall. We finally reached the summit after many "Brothers". The pain in my legs and feet were unbearable on the way back. I felt I could hardly make it, but I did, far behind my friends though. It was 6:00 p.m. when I called it a day.

Finally on Monday 9/24/2001, we packed and loaded. We revisited the lake in front of Loj and admired the great scenery. We left the campsite around 9:30 am for our homes in New York City.





A Letter from the Board

Dear CMC members:

Five new members of the Board of Directors of the Chinese Mountain Club of New York were elected for the year 2002 during the December 1, 2001 annual meeting. After the elections, questions were raised concerning the term limits of the board members. Discussions were held and as a result, some members of the Board resigned in accordance with the CMC By-Laws and others for personal reasons, leaving five members on the Board. The current board members would like to thank the former members of the Board for their dedication and contribution to the CMC.

Several long time CMC members, including both new and former board members held a meeting on January 13, 2002. The term limit and the procedure for filling any vacancies on the Board were clarified during this meeting. All current board members agreed that the number of directors will remain at five for the year 2002. New board members will be elected during the next annual member meeting if necessary.

The 2002 Board is dedicated to making the CMC a stronger and better organization. We plan to recruit and train more trip leaders and to sponsor more activities for the coming years. All members of the CMC are encouraged to support the organization through active participation. The Board will gladly consider any suggestions or comments.

We would like to announce that the responsibilities of the organization have been assigned as follows:

President:	Joe Jwo
Secretary/Trail Maintenance Coordinator:	John Jeng
Treasurer:	Nancy Liang
Activity Director:	Ray Lin
Web/Newsletter Publishing Coordinator:	Yet Chang

Sincerely,

Board of Directors

Email: cmcnny-board@yahoogroups.com

CMCNY Membership Application Form

Date / : _____

1. Name / : _____ 2. Sex / : _____

3. Date of Birth / : _____

4. Address / : _____
Street Number Apt. #

City State Zip Code

5. Telephone / : Home / : () _____

Office / : () _____

6. E-Mail Address: _____

7. Occupation / : _____

8. Interest / :

☐ Hiking () ☐ Camping () ☐ Biking ()☐ Canoeing () ☐ Backpacking ()☐ Other () _____

9. Volunteer :

Trip Leader () Publishing () Bookkeeping ()

Public Relation () Other: _____

10. Do you have a car for travel ? _____

11. Do you have the following basic outdoor gear?

Hiking Boots Day pack Backpack

Wind/Rain Parka Bike Sleeping Bag

Compass Water Bottle Tent

12. Please check your membership choice:

☐ 1 Year Individual \$12.00 _____ Family \$ 20.00 _____☐ 5 Year Individual \$50.00 _____ Family \$ 90.00 _____

Please make check payable to:

Chinese Mountain Club of New York

Please submit this form along with your payment to the trip leaders or follow the mailing instructions posted on our website:

<http://www.cmcny.org>, click on "Membership" section.

CMCNY POLICY

Activity Registration

To participate activity you must contact leader in advance by either calling them or use an online registration form on CMCNY website at <http://www.cmcny.org>

Since all the trip leaders are volunteers, please be courteous to call in between 8:00pm-10:00pm unless noted otherwise. Registration for all day trips end on 10:00pm Thursday.

What to Bring or, Not to Bring?

We recommend you to bring the following items for the day hiking trip: Daypack, hiking boots, wind/rain jacket, drinking water, food (lunch), map of the area, compass, watch, sun screen, first-aid kit.

Pets might not allowed on certain trails. Dogs must be leashed all the time. Please check with leader before the trip. Absolutely no alcoholic beverages.

During the trip

Please stay on the trail all the times. Do not litter. Be conscious to protect the environment. Follow leader's pace, neither ahead nor falling too far behind. The leader should be told if you drop out, even temporarily. Courtesy to the leader and your fellow hikers.

Transportation Arrangement

CMCNY can provide carpool arrangements for the most of one day activities. Car-poolers must contact trip leader in advance to reserve the seat. Carpool fees (usually from \$8.00 to \$12.00, depends on the distance) will be paid directly to the drivers.

Where Do We Meet?

In New York City
West 39th Street & Broadway
Or*In Queens*
Cunningham Park at Union Turnpike
near the intersection of Francis Lewis Boulevard
Always check with leaders before the trip to con-

firm the meeting place. Meeting time is departure time! NOT assembly.

Activity Fee

One-day hiking or biking activities are free to CMCNY members. Non-members please pay \$2.00 per person to leader on the day of the trip.

Legal Disclaimer

The Chinese Mountain Club of New York, Inc. and/or its trip leaders, officers, or representatives, shall not be liable for any injury, loss or damage to persons and/or property, direct or consequential, arising out of any trips and/or activities of the Club. The assumption of risk, which is inherent in this type of rugged outdoor activity, is implied on the part of each person who attends any outing trip and every person participating in any of said trips and/or activities assumes all risk and liability in connection therewith.Chinese Mountain Club
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